荣德基 主编

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新情境题 新考法题 跨学科题



活页可撕

四年级英语

上（R-精通版）

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·长春·

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Unit 1 Sports

单元目标导览

重点语音

字母a在a-e结构的单词中发/eɪ/音，

例：cake 蛋糕　lake 湖　make 使变得；结成(朋友)　date 日期　face 脸　name 名字

必记词汇

运动类：*swim 游泳　*run 跑；跑步　*jump 跳

*play 参加(体育运动、游戏、比赛等)

球　类：*ping-pong 乒乓球　*basketball 篮球　*football 足球

时间(频度)类：once 一次　twice 两次　*time 次

*every 每　*day 一天　*week 一周

其他词：rope 绳　*sport 体育运动　*make 使变得；结成(朋友)

*from 来自　the USA 美国　*China 中国

常考短语

be good at 擅长　play ping-pong 打乒乓球

jump rope 跳绳　how often 多久一次

every day 每天　once a week 每周一次

twice a week 每周两次　three times a week 每周三次

four times a week 每周四次　make new friends 交新朋友

必会句型

1. 询问对方擅长什么运动及答语：

—What sports are you good at? 你擅长什么运动？

—I'm good at jumping rope. 我擅长跳绳。

2. 询问对方做某项体育运动的频率及答语：

—How often do you jump rope? 你多久跳一次绳？

—Every day. 每天。

3. 表示想要做某事：

I want to make some new friends in China. 我想在中国交一些新朋友。

核心语法

1. 询问频率：

How often 用来询问某动作发生的频率，常用频率副词或表示频率的短语来回答。

例：—How often do you swim? 你多久游一次泳？

—I swim twice a week. 我一周游泳两次。

2. 动名词：

定义：动名词即动词的-ing形式，它在句中起名词的作用。

例：Lucy loves doing the high jump. 露西喜爱跳高。

Lesson 1 子主题 讨论擅长的运动

主题情境　学校即将举办运动会，同学们正在积极地报名参与，一起来看看吧！

一 瑶瑶和欣欣正在整理运动会的项目。看图，选择合适的单词或短语填写在四线三格上。

jumping rope　running　playing basketball
swimming　playing football

1. 

2. 

3. 

4. 

5. 

二 瑶瑶和欣欣一边统计报名信息，一边聊天。选择正确的答案补全句子或对话。

(　) 1. Sports _____ us strong.
A. make　B. making　C. makes

(　) 2. —_____ sports are you good at?　—Playing ping-pong.
A. What　B. Where　C. How

(　) 3. Yaoyao is good at _____.
A. swims　B. swim　C. swimming

(　) 4. —Do you like running?　—_____
A. Yes, it is.　B. Yes, I do.　C. No, it isn't.

三 学科素养·语言能力 瑶瑶和欣欣把统计好的运动会项目和报名信息交给吴老师。选择正确的选项，完成她们的对话。

Miss Wu: Wow, so many sports events(比赛项目)! 1. _____
Xinxin&Yaoyao: Yes, we do. 2. _____
Miss Wu: That's nice. 3. _____
Xinxin: I'm good at jumping rope. I can jump fast.
Miss Wu: Great! 4. _____
Yaoyao: I'm good at playing basketball. 5. _____
Miss Wu: I like sports too. They can make us healthy.

A. I often play it with my friends.
B. Do you like sports?
C. What about you, Yaoyao?
D. Sports make us happy.
E. What sports are you good at, Xinxin?

Lesson 2 子主题 谈论做运动的频率

主题情境 同学们个个摩拳擦掌，准备在运动会上大展身手，绽放青春风采。

一 运动场上的同学们正在相互讨论。选词填空，补全句子。

1. Tiantian is good at _____ (jump / jumping) rope.
2. We should eat some vegetables every _____ (day / days).
3. Su Jiaming runs _____ (two / twice) a week.
4. I swim _____ (once / one) a week.
5. The boys play football four _____ (time / times) a week.

二 对于运动会的项目同学们各抒己见。读句子或对话，选择合适的图片。

A. 

B. 

C. 

D. 

( ) 1. Tim: I like playing ping-pong. I play it twice a week.

( ) 2. Tony: I can swim. I am good at swimming.

( ) 3. —Do you like jumping rope, Xixi? —Yes, I like it very much.

( ) 4. —How often do you play basketball? —Three times a week.

三 新考法·表文转换 吴老师正在调查大家的运动情况。请根据图表补全短文。

Name	Be good at	Mon.	Tue.	Wed.	Thur.	Fri.	Sat.	Sun.
Diandian			√					
Su Jiaming			√			√		
Huahua		√		√	√		√	√
Mengmeng		√	√	√	√	√	√	√

Diandian and his friends like 1. _____ very much. They can make them strong. Diandian is good at 2. _____. He runs once a week. Su Jiaming likes jumping rope. He does it 3. _____ a week. Huahua plays 4. _____ five times a week. Mengmeng 5. _____ every day.

Lesson 3

主题情境　Harry在网上发帖，想要结交热爱运动的朋友，一起来看看吧。

一 Harry发布了一则帖子。读句子，写出单词中画线部分发音不同的一项。

1. My name is Harry. I have short hair and a big face. _____
2. I'm from the USA. I'm ten years old. I'm in Class Five, Grade Five. _____
3. I like to eat cake, grapes and apples. _____
4. I like playing basketball. It makes me happy. _____

二 林明给Harry回帖了。根据图片提示填单词或短语，补全帖子内容。

Hello, Harry. I'm very happy to get your online post(网帖). I'm from Beijing,

1. _____  .

I'm a student. I'm in Class 2. _____, Grade 3. _____. 

I'm good at

4. _____  . I like playing basketball too. I play it 5. _____ 

a week. We can play together.

三 新情境·非遗文化　林明还向Harry介绍了一项中国传统运动。阅读短文，选择正确的答案。

Do you know *taiji*? It is a traditional(传统的) Chinese sport. It is slow. I like *taiji* very much. I do it three times a week. I often do *taiji* in the park(公园). It makes me strong and healthy. And it makes me happy too. In China, many people like *taiji*. Because(因为) it is easy. Do you like it?

(　　) 1. What is *taiji*? 新考法·图文转换

A. 　B. 　C. 

(　　) 2. Lin Ming does *taiji* _____.

A. every day　　B. twice a week　　C. three times a week

(　　) 3. Why does Lin Ming like *taiji*?

A. It makes him happy.　　B. It makes him strong and healthy.

C. Both A and B.

Fun time & Story time

主题情境　运动会快要开始了，让我们和大家一起准备运动会手册吧！

一 大家都擅长哪些运动呢？看图，填单词或短语，补全句子。







1. Diandian is good at _____.
2. Bob is from Class Six. He is good at _____ _____.
3. Huahua loves _____ _____. She is good at it.
4. Zhezhe is from the USA. She is good at _____.
5. Linlin likes _____ _____. He plays it every day.

二 同学们在准备运动会手册的过程中，讨论了起来。选一选，补全句子或对话。

(　) 1. We want _____ together this afternoon.

A. run　　B. runs　　C. to run

(　) 2. Look at Harry. He is good at _____ football.

A. plays　　B. playing　　C. play

(　) 3. I like playing ping-pong. I play it _____ a week.

A. twice　　B. two　　C. two time

(　) 4. —_____ do you swim?

—Every day.

A. How old　　B. How often　　C. How many

三 学科素养·文化意识 手册中有一些关于运动项目的信息。根据常识，判断句子正(T)误(F)。

(　) 1. Ping-pong is a popular sport in China.

(　) 2. All the children in the UK like playing basketball.

(　) 3. American football is the same(相同的) as the football in the UK.

(　) 4. Children like playing ice hockey in Russia.

四 手册里有关于参赛选手的介绍。根据手册里的信息，补全短文。



Huahua likes 1. _____. She does it 2. _____. Doing sports can make her healthy. Tiantian is good at 3. _____. He plays it 4. _____. Sports can make him happy.

五 同学们在谈论各自喜欢的体育健将。阅读卡片信息，完成下列题目。

1. _____

I like Xuanxuan. He likes playing ping-pong. He is really good at it. He is my idol(偶 像). I play ping-pong five times a week.

Lele

2. _____

I like swimming. I like Manman. She swims very fast. She swims every day.

Wenwen

3. _____

I like Tiantian. He likes running. And he is good at it. He wins many medals(奖牌).

Shasha

4. _____

I like Ruirui. He is good at riding (骑) a bike. He wins a lot of games.

Binbin

(一) 将同学们喜欢的榜样图片与文本进行匹配，并将序号写在横线上。

A. 

B. 

C. 

D. 

(二) 根据文本内容，判断句子正(T)误(F)。

( ) 1. Xuanxuan is good at playing ping-pong.

( ) 2. Lele plays ping-pong 4 times a week.

( ) 3. Manman swims every day.

( ) 4. Shasha likes running.

( ) 5. Binbin's idol is good at riding a bike.

单元听力提优专训

扫码听音频

一 同学们在谈论有关运动的话题。听句子，选择正确的单词或短语。

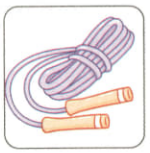
( ) 1. A. swimming　　B. jumping rope　　C. running

( ) 2. A. sports　　B. sport　　C. balls

( ) 3. A. once　　B. twice　　C. times

( ) 4. A. football　　B. ping-pong　　C. basketball

二 大家对哪些运动项目感兴趣呢？听句子，用数字1–5给下列图片排序。

(　)　(　)　(　)　(　)　(　)

三 课间Lisa和好朋友在谈论运动。听句子，选择合适的答语。

( ) 1. A. Yes, I do.　　B. No, I'm not.

( ) 2. A. They're good at running.　　B. I'm good at playing basketball.

( ) 3. A. We play basketball on Sunday.　　B. Every day.

( ) 4. A. I like football.　　B. Three times a week.

四 典典放学遇到了华华，他们边走边聊。听对话，判断句子正(T)误(F)。

( ) 1. Huahua likes sports.

( ) 2. Diandian is good at swimming.

( ) 3. Diandian plays sports once a week.

( ) 4. Diandian wants to play sports with Huahua.

( ) 5. Sports make Huahua tired.

五 回家后，典典在给妈妈看他和同学们制作的运动会手册。听短文，选择正确的选项补全表格。

A. every day　　B. running　　C. four times a week

D. playing basketball　　E. playing football

Name	Sports	How often
Andy	1. _____	once a week
Sofia	jumping rope	2. _____
Haoran	3. _____	4. _____
Yaya	swimming and 5. _____	twice a week

荣德基 主编

典点

答案
详解详析

学方法 点思路 析易错 拨疑难



走向重点学校

四年级 英语 上 (R-精通版)

Unit 1 Sports

Lesson 1

一 1. running 2. swimming
3. playing football 4. jumping rope
5. playing basketball

二 1. A 【点拨】主语为复数，谓语动词用原形。
2. A
3. C 【点拨】“be good at doing sth.”表示“擅长做某事”。
4. B 【点拨】以Do开头的一般疑问句答语用Yes, I do.或No, I don't.。

三 1. B 2. D 3. E 4. C 5. A

Lesson 2

一 1. jumping 【点拨】“be good at”是固定短语，意为“擅长”，其中“at”是介词，介词后接动词时，动词要用其-ing形式，所以“jump”要变为“jumping”。
2. day 【点拨】“every”是形容词，意为“每”，后接可数名词单数，“day”本身就是单数形式，所以直接填“day”，“every day”表示“每天”。
3. twice 【点拨】这里要表达“一周两次”，“two”是基数词，表示数量“二”，而表示“次数”要用“twice”，“twice a week”是常见表达，意为“一周两次”。
4. once 5. times

二 1. B 2. C 3. D 4. A

三 1. sports 2. running 3. twice 4. basketball
5. swims

Lesson 3

一 1. have 【点拨】have中的字母a发/æ/音，其他两个单词中的字母a发/eɪ/音。
2. Class 【点拨】USA、Grade中画线部分发/eɪ/音，Class中画线部分发/ɑː/音。
3. apples 【点拨】apples中的字母a发/æ/音，其他两个单词中字母a发/eɪ/音。
4. happy 【点拨】happy中的字母a发/æ/音，而playing中的字母组合ay和makes中的字母a发/eɪ/音。

二 1. China 2. Three 3. Four 4. swimming
5. four times

三 1. B 【点拨】*taiji* 指的是“太极”，与B项中的图相符。A项是舞剑，C项是练书法。
2. C 【点拨】根据“I do it three times a week.”可知林明一周打三次太极。
3. C 【点拨】根据“It makes me strong and healthy. And it makes me happy too.”可知林明喜欢太极的原因是太极能使他强壮和健康，也能使他开心，C选项描述得更全面。

Fun time & Story time

一 1. running 2. playing basketball
3. jumping rope 4. swimming
5. playing ping-pong

二 1. C 【点拨】“want to do sth.”表示想要做某事，故选C。
2. B
3. A 【点拨】表示“两次”应用twice，故选A。
4. B 【点拨】根据回答可知询问的是频率，询问频率用How often，How old用于询问年龄，How many用于询问数量，故选B。

三 1. T 2. F 3. F 4. T

四 1. jumping rope
2. three times a week
3. playing ping-pong
4. every day

五 (一)1. C 2. B 3. D 4. A
(二)1. T 【点拨】从第1张卡片中“He likes playing ping-pong. He is really good at

it.”可知轩轩喜欢打乒乓球，且擅长打乒乓球，表述正确。

2. F 【点拨】第1张卡片中提到“I play ping-pong five times a week.”可知乐乐一周打五次乒乓球，不是4次，表述错误。

3. T 【点拨】由第2张卡片中“I like Manman... She swims every day.”可知曼曼每天游泳，表述正确。

4. F 【点拨】由第3张卡片中“He likes running.”可知沙沙的偶像天天喜欢跑步，并非沙沙，表述错误。

5. T 【点拨】由第4张卡片中“He is good at riding(骑) a bike.”可知斌斌的偶像睿睿擅长骑自行车，表述正确。

单元听力提优专训

听力材料：

一
1. I want to go swimming with my friend.
2. Sofia likes doing sports.
3. Andy plays football twice a week.
4. Yaoyao can play basketball.

二
1. I like playing football.
2. I'm good at jumping rope.
3. I often play basketball after school.
4. I go running three times a week.
5. We play ping-pong every day.

三
1. Do you like sports?
2. What sports are you good at?
3. We swim once a week. What about you?
4. How often do you play football?

四
Huahua: Diandian, do you like sports?
Diandian: Yes. Sports make me happy.
Huahua: What sports are you good at?
Diandian: I am good at swimming.
Huahua: How often do you swim?
Diandian: I swim every day. Huahua, do you like sports? We can play sports together.
Huahua: No. Sports make me tired.

五
Look! Andy is very tall. He is good at playing basketball. He plays it once a week. Sofia is good at jumping rope. She does it every day. Haoran likes playing football very much. He plays it four times a week. Yaya is good at swimming and running. She does them twice a week.

参考答案：

一 1. A 2. A 3. B 4. C
二 3 4 1 2 5
三 1. A 2. B 3. B 4. B
四 1. F 2. T 3. F 4. T 5. T
五 1. D 2. A 3. E 4. C 5. B

单元重难点提优专训

(1) 询问频率的句型

一
1. How often 【点拨】根据答语“每个月”可知问句询问频率。
2. clean 【点拨】主语“I”是第一人称，谓语动词用原形。
3. Twice 【点拨】“两次”用“Twice”表示。
4. swim; times 【点拨】问句中“do”后接动词原形；“五次”是“five times”，“time”表示“次数”时是可数名词，需用复数“times”。
5. week 【点拨】“每周”是“every week”，“every”后接名词单数。

二
1. jump rope; Twice
2. How often do you play basketball;
Three times a week

(2) 动名词

一
1. jumping
2. making 【点拨】make以不发音的e结尾，去掉e，再加-ing。
3. playing
4. swimming 【点拨】swim以重读闭音节结尾，且末尾只有一个辅音字母，双写m再加-ing。
5. having 【点拨】have以不发音的e结尾，去

荣德基 主编

走向重点学校

基础默写本



同步听写 句子检测

四年级 英语 上 (R-精通版)

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Unit 1 Sports

Lesson 1

一、重点单词

1. 体育运动　2. 游泳　3. 跑；跑步　4. 跳

5. 绳　6. 参加（体育运动、游戏、比赛等）　7. 乒乓球

8. 篮球　9. 足球　10. 使变得；结成（朋友）

二、重点短语

11. 擅长　12. 打乒乓球

13. 跳绳　14. 打篮球

三、重点句子

15. ——你喜欢运动吗？

——是的，运动使我快乐。

16. ——你擅长什么运动？

——我擅长跳绳。

Lesson 2

一、重点单词

1. 一次

2. 一周

3. 两次

4. 次

5. 每

6. 一天

二、重点短语

7. 多久一次

8. 每天

9. 每周一次

10. 每周两次

11. 每周三次

12. 每周四次

三、重点句子

13. ——你多久打一次篮球？

——一周三次。

14. ——你多久跳一次绳？

——每天。

Lesson 3 & Fun time

一、重点单词

1. 来自

2. 美国

3. 中国

二、重点短语

4. 交新朋友

5. 做运动

6. 冰上曲棍球

7. 休息

三、重点句子

8. 我来自美国。

9. 我擅长打篮球。

10. 我一周打五次。

11. 我想要在中国交一些新朋友。

12. 我们可以一起打篮球。

13. 英国的孩子们喜欢踢足球。

Unit 1 综合素养练

等级

听力

听力部分 (40分)

一、学校将举办一年一度的运动会，吴老师呼吁同学们积极报名。听句子，选择正确的图片。(10分)

A.  B.  C.  D.  E. 

1.(　　) 2.(　　) 3.(　　) 4.(　　) 5.(　　)

二、班长想要了解同学们擅长的体育项目。听句子，选择正确的答语。(10分)

(　　)1. A. Yes, I do. B. No, I'm not.

(　　)2. A. Yes, I like playing basketball.
B. I am good at playing football.

(　　)3. A. Ten years old. B. Two a week.

(　　)4. A. He can swim. B. I like to jump rope.

(　　)5. A. I'm good at running. B. No, I'm not.

三、同学们在积极讨论运动会的事情，听对话，判断下列句子正(T)误(F)。(10分)

(　　)1. Diandian likes sports.

(　　)2. Diandian is good at jumping rope and running.

(　　)3. Yaoyao likes playing football.

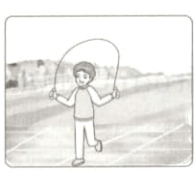
(　　)4. Xinxin plays ping-pong three times a week.

(　　)5. Swimming makes Yaoyao happy.

四、典典把学校要开运动会的事情写到了日记里。听短文，选择正确的选项填在图片下方的括号内。(10分)

A. Diandian　B. Sofia　C. Harry　D. Huahua　E. Andy

1. 
(　　)

2. 
(　　)

3. 
(　　)

4. 
(　　)

5. 
(　　)

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4年级上册
人教精通版

笔试部分（60分）

五、运动会上老师在为同学们拍照。根据图片提示填单词，补全句子。（10分）

1.  2.  3.  4.  5. 

1. Peter is good at _____ rope.
2. Longlong likes playing ping-pong. It's a good _____.
3. Tiantian plays _____ twice a week.
4. Huahua and Lanlan are good at _____.
5. They play _____ every day.

六、同学们一边观看比赛，一边聊天。选一选，补全句子或对话。（10分）

（　　）1. —_____ you like sports? —Yes, I do.
A. Are　　B. Do　　C. Can

（　　）2. —Huahua, _____ sports are you good at? —Playing ping-pong.
A. who　　B. what's　　C. what

（　　）3. I am good at _____.
A. swim　　B. swims　　C. swimming

（　　）4. —_____ do you play football? —Every day.
A. How often　　B. How many　　C. How old

（　　）5. Sports _____ the children happy.
A. make　　B. makes　　C. making

七、新考法·看图理解 同学们一起画了一幅画。看图，选择相应的选项。（10分）



1. _____　2. _____　3. _____　4. _____

A. The girls are good at playing ping-pong.
B. Two boys play basketball every day.
C. The boy and the girl like running.
D. The boys are good at playing football.

八、新同学Andy边观看比赛边了解班级情况。选择正确的选项补全对话。(10分)

Andy: Hello, Lanlan! **1.** _____

Lanlan: She is Li Yaoyao.

Andy: Wow! She is good at running.

Lanlan: Yes. **2.** _____

Andy: What about you? **3.** _____

Lanlan: Yes, I do. Sports make me happy.

Andy: **4.** _____

Lanlan: I am good at swimming.

Andy: **5.** _____

Lanlan: Four times a week.

Andy: That's great!

A. How often do you swim?
B. She runs every day.
C. Who is that girl?
D. Do you like sports?
E. What sports are you good at?

九、新趋势·中华文化 足球比赛开始了，蓝蓝给Andy讲了一个关于蹴鞠的绘本故事。阅读绘本，完成下列各题。(10分)

 *Cuju* is an ancient（古代的） sport from ancient China.	 It is like（像） today's football.	 People in ancient China play it for fun.
 The ball is made of leather（由皮革制成） and filled with hair.	 Even children like playing *cuju*.	 *Cuju* shows us Chinese history and culture（文化）.

(一)根据故事内容，判断下列句子正(T)误(F)。(6分)

(　　)**1.** *Cuju* is an ancient sport from the USA.

(　　)**2.** *Cuju* is like today's football.

(　　)**3.** Children can't play *cuju*.

(二)根据故事内容，选择正确的选项。(4分)

(　　)**1.** The underlined word "history" means "_____". 新考法·词义推断

A. 故事　　B. 历史　　C. 小说

(　　)**2.** Which one is the best title(标题) for the story? 新考法·拟定标题

A. I like *cuju*　　B. *Cuju* is fun　　C. *Cuju*: the football of ancient China

十、运动会结束，同学们还在谈论着有关运动的事情。阅读Tom的介绍，完成任务。(10分)

I'm Tom. I'm ten. I'm from the UK. This is my family. We all like sports. 	My father likes playing football. He's good at it. He plays it three times a week. 
My mother likes swimming. She's good at it. She swims twice a week. 	I like playing ping-pong. I'm good at it. I play it every day. Sports make us happy. Do you like sports? 

任务一：根据材料，选择正确答案。(6分)

(　　)**1.** Tom's father is good at _____.

A. basketball　　B. football　　C. ping-pong

(　　)**2.** Tom plays ping-pong _____.

A. twice a week　　B. every day　　C. three times a week

(　　)**3.** Which is right? 新考法·细节理解

A. Tom's mother is good at playing football.　　B. Tom is 9.

C. Everyone in Tom's family likes sports.

任务二：你擅长哪种运动？一周练习几次呢？请根据实际情况写一写。(4分)

I'm _____. I'm ten years old. I'm from China. I like sports. I'm good at _____. I play it _____.

Unit 2 综合素养练

等级

听力

听力部分 (40分)

一、典典向朋友介绍家人的爱好。听句子，选出你所听到的内容。(10分)

( )**1.** A. reading stories B. playing *weiqi* C. flying kites

( )**2.** A. fishing B. singing songs C. practising kung fu

( )**3.** A. playing the guitar B. dancing C. doing *taiji*

( )**4.** A. grandpa B. grandma C. brother

( )**5.** A. painting B. collecting stamps C. singing

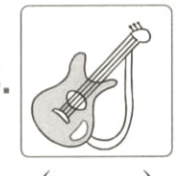
二、典典在了解朋友们的爱好。听句子，判断图片与所听内容是否相符，相符写"T"，不相符写"F"。(10分)

1.  ( )

2.  ( )

3.  ( )

4.  ( )

5.  ( )

三、典典和朋友们在聊天。听对话，选择正确的选项。(10分)

( )**1.** Mike likes _____.

A. playing the drums B. reading books C. collecting stamps

( )**2.** What is Lisa's hobby?

A. Playing the guitar. B. Painting. C. Dancing.

( )**3.** How often does Diandian practise kung fu?

A. Once a week. B. Five times a week. C. Four times a week.

( )**4.** What can Jiaming do?

A. Fly kites. B. Play ping-pong. C. Play *weiqi*.

( )**5.** Ben has a _____ on Sunday.

A. guitar class B. singing class C. dancing class

四、典典的朋友Ann正在自我介绍。听短文，用数字1~5给下列图片排序。(10分)

 ( )

 ( )



( )

 ( )

 ( )