一本 阅读题

伴读打卡 习惯养成

听句子→听对话→听短文→听套题



第5年 第5次升级

四年级

小学英语 听力训练100篇

>>>一本考试研究中心 编

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听力解题技巧点拨

听录音前

1. 稳定情绪，集中精力

在做听力试题之前，先调整好自己的情绪。如果紧张，可以通过深呼吸来缓解紧张的情绪，集中精力，专心答题。

2. 审清题意，推测内容

考试时，在播放每个小题的录音之前，我们都会有一定的读题时间。我们要利用这段时间，快速阅读题目的题干和选项，根据题目中所包含的信息来推测将要听的内容，带着问题去听，有重点地去听。

听录音中

1. 认真听录音，抓取关键信息

听录音时，要努力听关键信息，如时间、地点、人物、价格、数量、原因、目的、结果等。

2. 边听边做笔记

我们可以在听录音时，边听边做笔记，在题目的旁边，记下一些关键信息。

3. 抓住重点，果断答题

答题时，切不可因为一个单词听不清，就停下来琢磨，这样等反应过来时，录音已经播放了好几句，容易顾此失彼。只要录音一开始，我们就应跟着录音往下听，切不可为一个难题冥思苦想，要果断地放过去，集中精力应对下一题。

听录音后

1. 趁热打铁，检查答案

录音播放完毕后，可趁着还有些记忆，检查答案。对于书写类的试题，要检查自己写的单词拼写是否正确。

2. 调整心情，应对考试

如果有的题实在没有听清楚，不确定是否正确，一定不要灰心丧气，调整好心情，继续做后面的试题。

亮点介绍

亮点 ① 四步练听力，由易到难，逐步提升

Step 1 听句子 难度：☆☆

听录音，选出正确的应答语。（听两遍）

Step 2 听对话 难度：☆☆☆

听录音，选择正确答案。（听两遍）

Step 3 听短文 难度：☆☆☆☆

听录音，将时间与其对应的活动连线。（听两遍）

1. Monday　2. Tuesday　3. Wednesday　4. Thursday　5. Friday



A　B　C　D　E

Exercise 80

Step 4 听套题 难度：☆☆☆☆

一、听录音，选出与你所听内容相符的图片。（听两遍）



亮点 ② 新情境，新题型，新考法，紧跟考试新趋势

［新情境］Amy 画了一幅关于她梦想中的社区的画。听 Amy 的介绍，在你所听到的地点下方框内打“√”。（听两遍）

［新题型］听录音，为 Alice 选出合适的出门装扮和需要的物品。（听两遍）

［新考法］听录音，完成下列任务。

任务一：听录音，为志愿服务选择相应的地点，完成 1～2 题。（听一遍）

A. 

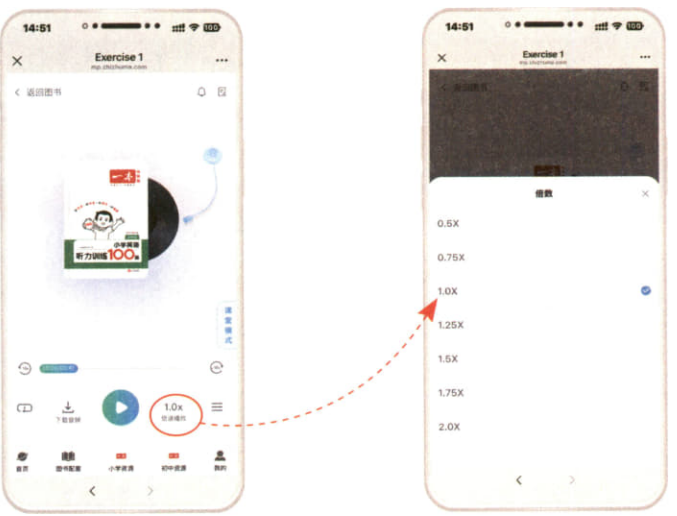
B. 

任务二：听录音，为志愿服务选择相应的活动，完成 3～5 题。（听两遍）

C. plant a tree　D. clean the floor　E. water the flowers

Let's volunteer!			
Time	7:00 a.m.	1:00 p.m.	4:00 p.m.
Place		1. _____	2. _____
Activity	3. _____, help children read stories	4. _____	5. _____

亮点 ③ 外教朗读音频，语音语调纯正地道，语速可调节



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Part 1 话题训练

Topic 1 Family life（家庭生活）

Exercise 1

听力音频

Step 1 听句子 难度：☆☆

听录音，选出正确的应答语。（听两遍）

( ) 1. A. It's not my cat. B. It's in the living room.

( ) 2. A. It's my brother's. B. My brother has a computer.

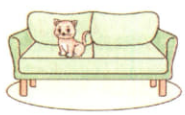
( ) 3. A. Thank you. B. No, it isn't.

( ) 4. A. No, I have a study. B. Yes, I do.

( ) 5. A. It's yellow and white. B. It's new and nice.

Step 2 听对话 难度：☆☆☆

听录音，判断下列图片与你所听内容是(T)否(F)相符。（听两遍）

( ) 1.  ( ) 2.  ( ) 3.  ( ) 4. 

Step 3 听短文 难度：☆☆☆☆

听录音，选择正确答案。（听两遍）

( ) 1. There are _____ rooms in Amy's home.

A. two B. three C. eight

( ) 2. The walls in Amy's bedroom are _____.

A. brown B. white C. yellow

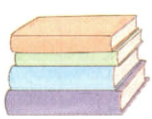
( ) 3. There is a _____ on the wall.

A. picture B. map C. clock

( ) 4. The table is near the _____.

A. bed B. window C. door

( ) 5. What does Amy like to do in her bedroom?

A.  B.  C. 

Exercise 2

听力音频

Step 1 听句子 难度：☆☆

听录音，判断下列图片与你所听内容是(T)否(F)相符。(听两遍)

(　　) 1. 　(　　) 2. 　(　　) 3. 　(　　) 4. 

Step 2 听对话 难度：☆☆☆

听录音，选择正确答案。(听两遍)

(　　) 1. What is Mum doing?

A. She is making noodles.　　B. She is making cakes.

C. She is making soup.

(　　) 2. Where is Amy?

A. In the kitchen.　　B. In the living room.

C. In the bedroom.

(　　) 3. What is the cat doing?

A. It's eating fish.　　B. It's drinking water.

C. It's playing with a ball.

Step 3 听短文 难度：☆☆☆☆

听录音，将人物与其准备的礼物连线。(听两遍)

Grandma　　Grandpa　　Mother　　Father　　Tom

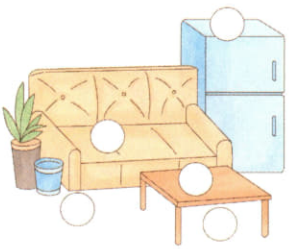
Exercise 3

听力音频

Step 1 听句子 难度：☆☆

[新题型] 听录音，将物品序号填入右侧图片中正确的位置。（听两遍）

A.  B.  C.  D.  E. 



Step 2 听对话 难度：☆☆☆

听录音，将物品放到对应房间。（听两遍）

A.  B.  C.  D.  E. 







1. _____ 2. _____ 3. _____

Step 3 听短文 难度：☆☆☆☆

听录音，从方框中选择正确的选项，完成表格。（听两遍）

A. dance	B. make soup	C. study	D. living room

Who	Where	What to do
Mother	kitchen	1. _____
Father	2. _____	read
Tom	bedroom	3. _____
Amy	4. _____	play

Exercise 4

听力音频

Step 1 听句子 难度：☆☆

听录音，选出与你所听相符的图片。（听两遍）

（　　）1. A.  B. 

（　　）2. A.  B. 

（　　）3. A.  B. 

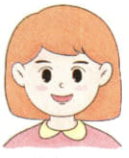
（　　）4. A.  B. 

Step 2 听对话 难度：☆☆☆

听录音，将人物和各自要做的家务连线。（听两遍）


Sam


Susan


Lisa

A.  B.  C.  D. 

Step 3 听短文 难度：☆☆☆☆

听录音，在人物会做的家务下打“√”。（听两遍）

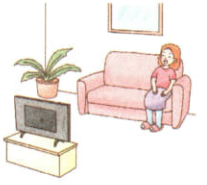
	Wash the clothes	Wash the dishes	Make the beds	Clean the table	Sweep the floor
Lily					
Sam					
Mary					
Tom					
Lisa					

Exercise 5

听力音频

Step 1 听句子 难度：☆☆

听录音，判断下列图片与你所听内容是(T)否(F)相符。(听两遍)

(　　) 1. 　(　　) 2. 　(　　) 3. 

(　　) 4. 　(　　) 5. 

Step 2 听对话 难度：☆☆☆

听录音，选出与你所听内容相符的图片。(听两遍)

(　　) 1. A. 　B. 

(　　) 2. A. 　B. 

(　　) 3. A. 　B.

(　　) 4. A. 　B. 

Step 3 听短文 难度：☆☆☆☆

听录音，判断下列句子的正(T)误(F)。(听两遍)

(　　) 1. Linda has a new bed.

(　　) 2. Linda's bed is green.

(　　) 3. There are two pictures on the wall.

(　　) 4. There are two chairs in Linda's bedroom.

(　　) 5. Linda can read books in her bedroom.

Topic 2 People at work（工作中的人们）

Exercise 6

听力音频

Step 1 听句子 难度：☆☆

听录音，按照所听顺序，用阿拉伯数字1~5给下列图片排序。（听两遍）







（　　）（　　）（　　）（　　）（　　）

Step 2 听对话 难度：☆☆☆

听录音，选择正确答案。（听两遍）

（　　）1. Cindy's brother is a _____.
A. doctor　　B. teacher　　C. worker

（　　）2. Andy's sister is a _____.
A. nurse　　B. doctor　　C. farmer

（　　）3. Tina's mother is a _____.
A. cook　　B. driver　　C. doctor

（　　）4. Lily's father is a _____.
A. driver　　B. worker　　C. writer

（　　）5. Tom wants to be a _____.
A. farmer　　B. doctor　　C. driver

Step 3 听短文 难度：☆☆☆☆

听录音，给人物选择相关的职业。（选项可重复使用）（听两遍）

A. writer	B. farmer	C. cook	D. nurse


Jack's grandfather
1.（　　）


Jack's grandmother
2.（　　）


Jack's father
3.（　　）


Jack's mother
4.（　　）


Jack
5.（　　）

Exercise 7

听力音频

Step 1 听句子 难度：☆☆

听录音，选出与你所听内容相符的图片。（听两遍）

（　　）1. A.  B. 

（　　）2. A.  B. 

（　　）3. A.  B. 

（　　）4. A.  B. 

（　　）5. A.  B. 

Step 2 听对话 难度：☆☆☆

听录音及问题，选择正确答案。（听两遍）

（　　）1. A. He is a police officer.　　B. He is a fireman.

（　　）2. A. Yes, he is.　　B. No, he isn't.

（　　）3. A. Amy wants to be a doctor.　　B. Amy wants to be a cook.

（　　）4. A. She is a nurse.　　B. She is a doctor.

（　　）5. A. Yes, she is.　　B. No, she isn't.

Step 3 听短文 难度：☆☆☆☆

听录音，判断下列句子的正（T）误（F）。（听三遍）

（　　）1. Peter's father is a bus driver.

（　　）2. Peter's mother is a doctor.

（　　）3. Peter's parents are tall.

（　　）4. Peter's grandpa can speak Chinese.

（　　）5. Peter's family has five people.

Exercise 8

听力音频

Step 1 听句子 难度：☆☆

听录音，选出正确的应答语。（听两遍）

( ) 1. A. She is a taxi driver. B. She is tall.

( ) 2. A. He likes his job. B. He is a police officer.

( ) 3. A. No, he doesn't. B. Yes, he is.

( ) 4. A. She can play football. B. She is a football player.

( ) 5. A. Yes, they are. B. No, they don't.

Step 2 听对话 难度：☆☆☆

听录音，选择正确答案。（听两遍）

对话一：

( ) 1. Anna's mother works _____.

A. in a school B. on a farm C. at the zoo

( ) 2. Anna's mother is good at _____.

A.  B.  C. 

对话二：

( ) 3. Jack's father is a _____.

A. teacher B. writer C. fireman

( ) 4. Lily's father is a _____.

A.  B.  C. 

Step 3 听短文 难度：☆☆☆☆

听录音，在人物对应的职业下打“√”。（听两遍）

			
Susan			
William			
Paul			

Exercise 9

听力音频

Step 1 听句子 难度：☆☆

听录音，将人物与你所听到的职业连起来。（听两遍）

1. Lily　2. Amy's mother　3. Mike's sister　4. Lucy　5. Peter's aunt

A. 　B. 　C. 　D. 　E. 

Step 2 听对话 难度：☆☆☆

听录音，选择正确答案。（听两遍）

(　　) 1. What does Linda want to be?

A. Linda wants to be a cook.　B. Linda wants to be a nurse.

C. Linda wants to be a writer.

(　　) 2. What does Linda like doing?

A. She likes drawing.　B. She likes cooking.

C. She likes reading.

(　　) 3. What does David like doing?

A. He likes playing football.　B. He likes playing basketball.

C. He likes playing volleyball.

(　　) 4. What does David want to be?

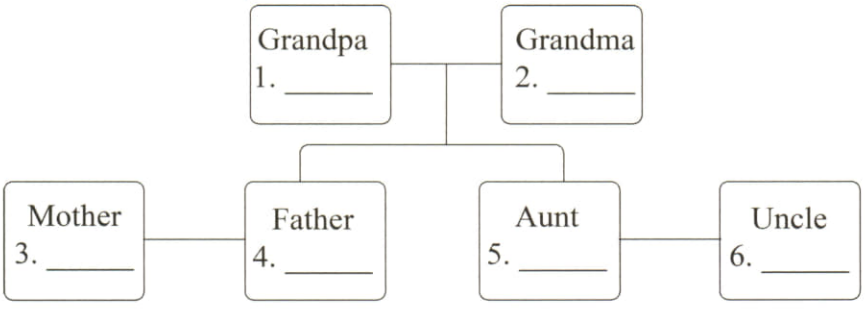
A. He wants to be a basketball player.　B. He wants to be a football player.

C. He wants to be a volleyball player.

Step 3 听短文 难度：☆☆☆☆

[新题型] 听录音，将人物与对应的职业匹配。（选项可重复使用）（听三遍）

A. 　B. 　C. 　D. 　E. 



一本 阅读题

答案速查与听力原文



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听力原文汉语翻译

四年级

小学英语听力训练100篇

答案速查

Part 1 话题训练

Topic 1

Exercise 1

Step 1 听句子

1. B 2. A 3. A 4. B 5. A

Step 2 听对话

1. T 2. T 3. F 4. T

Step 3 听短文

1. C 2. B 3. C 4. B 5. A

Exercise 2

Step 1 听句子

1. F 2. T 3. F 4. F

Step 2 听对话

1. A 2. C 3. A

Step 3 听短文

Grandma：一条紫色连衣裙

Grandpa：一只黄色小狗

Mother：一条围巾 Father：一台电脑

Tom：一个玩具熊

Exercise 3

Step 1 听句子

冰箱上：A 沙发上：B

桌子下：C 沙发附近的地上：E

桌子上：D

Step 2 听对话

1. A 2. B、D、E 3. C

Step 3 听短文

1. B 2. C 3. A 4. D

Exercise 4

Step 1 听句子

1. B 2. A 3. B 4. B

Step 2 听对话

Sam—B Susan—D Lisa—A、C

Step 3 听短文

Lily：在 Make the beds 下打“√”

Sam：在 Clean the table 下打“√”

Mary：在 Wash the dishes 下打“√”

Tom：在 Wash the dishes 和 Sweep the floor 下打“√”

Lisa：在 Wash the clothes 下打“√”

Exercise 5

Step 1 听句子

1. F 2. T 3. F 4. F 5. T

Step 2 听对话

1. A 2. A 3. A 4. B

Step 3 听短文

1. F 2. T 3. F 4. F 5. T

Topic 2

Exercise 6

Step 1 听句子

正确的顺序为：4、1、5、3、2

Step 2 听对话

1. C 2. B 3. A 4. C 5. A

Step 3 听短文

1. B 2. B 3. A 4. D 5. C

Exercise 7

Step 1 听句子

1. A 2. B 3. A 4. A 5. B

Step 2 听对话

1. B 2. A 3. B 4. B 5. B

Step 3 听短文

1. T 2. F 3. T 4. T 5. T

Exercise 8

Step 1 听句子

1. A 2. B 3. B 4. B 5. A

Step 2 听对话

1. B 2. C 3. B 4. B

听力原文

Part 1 话题训练

Topic 1

Exercise 1

Step 1　听句子

1. Where's your cat?
2. Whose computer is this?
3. Your home is nice and clean.
4. Do you have a study?
5. What colour is your room?

Step 2　听对话

1. W: Where are my keys?
   M: Look! They're in the door.
2. W: Let's read some books together!
   M: Where are the books?
   W: They are on the desk.
3. M: What's your cat doing?
   W: It's sitting beside the sofa.
4. W: Let's go to the living room.
   M: OK. Oh, there is a TV.
   W: Yes. We can watch TV there.

Step 3　听短文

I'm Amy. This is my home. There are three bedrooms, a living room, a kitchen, a study and two bathrooms. Look! This is my bedroom. The walls are white and the floor is yellow. A clock is on the wall. It's brown. A table is near the window. I like to read books in my bedroom.

Exercise 2

Step 1　听句子

1. My home has a big living room.
2. My brother likes watching TV in the living room.
3. I like the brown floor.
4. I often read books in the study.

Step 2　听对话

M: Mum, are you in the kitchen?
W: Yes. I'm making noodles.
M: What is Amy doing?
W: She is talking on the phone in her bedroom.
M: Where is the cat?
W: It's in the living room. It's eating fish.

Step 3　听短文

It's my birthday today. My family gives me many gifts. The purple dress is from my grandma. It's beautiful. I find a box on the desk. In the box, there is a nice scarf. It's from my mum. This computer is from my dad. It's under the desk. My brother Tom gives me a toy bear. It's on the sofa. My favourite gift is from my grandpa. It's a little yellow dog.

Exercise 3

Step 1　听句子

1. My cap is on the fridge.
2. Where is my pink T-shirt? It's on the sofa.
3. I read books with my brother. We put them under the table.
4. Look at the floor. There is a toy bear near the sofa.
5. My new dress is on the table. It's from my grandma.

Step 2　听对话

W: Dad, can I help you?
M: Sure. Can you put your things away?
W: OK. I will put my dress and T-shirt into my bedroom.
M: That's good. And what about your books?
W: I will put them into my study. I can read